AFTER YOUR FACE-LIFT SURGERY

Dr. York J. Yates
Post-Op Instructions

Driver	For outpatient procedures a driver will be required to take you home and preferably stay with you overnight. Please do not drive for 24 hours or while taking pain medication.
Follow-up	Please call to schedule your first follow-up appt, if not already scheduled.
Medication	Begin taking your antibiotic (cephalexin) the day after surgery. Please finish all of this medication.
Bathing	You may sit in the tub immediately. Do not get the dressings wet. You may shower once the dressings and drains have been removed.
Sutures	Removed at five days (in front of ear and chin), and approximately 10 days behind the ear.
Drains	You will be sent home with drains in place. Prior to leaving the OR you will be instructed how to keep track of your drainage output. Drains will be removed in one to three days.
Activity	Refrain from vigorous activity for ONE week after surgery. Excessive activity can cause bleeding, swelling and generally hamper the results.
Swelling	You may be swollen and bruised for the first several weeks after surgery. This will improve! Apply ICE to the surgical site for the first 48 hours after surgery.
Garment	A garment will be worn at all times (day & night) for the next THREE weeks or as much as possible.
Call	Feel free to call me or my nurses with questions or concerns. Tanner Clinic 773-4840 X3441. Dr. Yates cell phone (801) 543- (Text message preferred, although direct calls are O.K.) website: www.yorkyates.com Email: yyates@tannerclinic.com

DR. **YORK** YATES
plastic surgery