

Managing your post-operative medications

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Prior to surgery we will have you take anti-nausea medication that will last several hours.

After you get home, try to eat something that is easy on your stomach, (soup, jello, toast, etc.) then take 1 of your pain meds.

After one hour, eat a little something more and take another pain pill if needed. You will then have 2 in your system.

Then every 4-6 hours (as needed) you may take 1 or 2 pain pills with food.

You may take your Zofran or Vistaril (if prescribed) every 8 hours for nausea as needed.

Some patients experience constipation while taking narcotics. You may purchase Colace 100 mg (OTC) at any drugstore or pharmacy. Take 1 pill twice daily.

Some patients experience itching as a side effect of an antibiotic or narcotic. You may take Benadryl 25 mg (OTC) every 6 hours as needed.

If you experience a yeast infection, please call our office at the number above and we will call you in a prescription at a pharmacy of your choice.



DR. YORK YATES
plastic surgery