

## **Pre-Op Instructions**

### **Dr. York Yates**

**Nothing to eat or drink after midnight unless instructed differently by Dr. Yates or his nurse. No exceptions (coffee, gum or mints) medications may be taken with a small sip of water.**

**Leave all jewelry and personal items at home. Make sure you take out all body jewelry.**

**If you wear contacts lens please don't wear them the day of your surgery. Please not wear any make-up for facial surgery.**

**Bring your meds with you, if you are instructed. You may leave your antibiotics at home. You won't need them the day of surgery. You will start them the next day.**

**Depending on procedure wear comfortable clothing that is easy for us to get you dressed into after surgery. Sweats and zip-up jacket are good.**

**Shower in the morning, wash the surgical site with soap.**



**DR. YORK YATES**  
plastic surgery